

MEDICAL EMERGENCY GUIDELINES AT-A-GLANCE

These guidelines do not include all possible medical issues that may occur at program sites. In the event of an emergency, contact 911 first!

CALL 9-1-1

- ◇ Abdominal pain, severe/constant
- ◇ Bleeding heavily
- ◇ Broken bones
- ◇ Breathing difficulty, shortness of breath
- ◇ Chest pain
- ◇ Choking
- ◇ Consciousness, change or loss of consciousness or fainting
- ◇ Fall: with head injury, if unable to get up, limbs appear deformed
- ◇ Overdose, suspected
- ◇ Poisoning
- ◇ Swelling, neck or face (suspected allergic reaction)
- ◇ Seizures, new onset or increased frequency
- ◇ Standing, unable to bear weight (normally able to do so)
- ◇ Stroke, suspected (one sided weakness/numbness, facial drooping, slurred speech)
- ◇ Suicidal or homicidal feelings
- ◇ Vision, sudden change or loss
- ◇ Vomiting (or diarrhea) bloody

GO TO EMERGENCY DEPARTMENT

- ◇ Burns with skin damage or blisters
- ◇ Falls, gets up on own but complains of pain
- ◇ Vomiting, projectile lasting >6 hours, unable to hold down small sips of liquid
- ◇ Vomiting or diarrhea lasting >12 hours

CALL RN ON-CALL OR PHYSICIAN

- ◇ Bleeding, moderate that stops after 5 minutes of direct pressure
- ◇ Blood pressure changes (upper number 200 or above)
- ◇ Blood pressure changes (upper number below 90 when normally above 90)
- ◇ Burn, sunburn or mild burn (redness only)
- ◇ Chills, shaking with or without fever
- ◇ Confusion, of new onset
- ◇ Fall, no apparent injury
- ◇ Fever >100 degrees, or <95 degrees
- ◇ Incontinence, new onset
- ◇ Rash, new onset
- ◇ Vomiting or diarrhea and individual is alert