**MEDICAL EMERGENCY GUIDELINES AT-A-GLANCE**

These guidelines do not include all possible medical issues that may occur at program sites. In the event of an emergency, contact 911 first!

**CALL 9-1-1**

- Abdominal pain, severe/constant
- Bleeding heavily
- Broken bones
- Breathing difficulty, shortness of breath
- Chest pain
- Choking
- Consciousness, change or loss of consciousness or fainting
- Fall: with head injury, if unable to get up, limbs appear deformed
- Overdose, suspected
- Poisoning
- Swelling, neck or face (suspected allergic reaction)
- Seizures, new onset or increased frequency
- Standing, unable to bear weight (normally able to do so)
- Stroke, suspected (one sided weakness/numbness, facial drooping, slurred speech)
- Suicidal or homicidal feelings
- Vision, sudden change or loss
- Vomiting (or diarrhea) bloody

**GO TO EMERGENCY DEPARTMENT**

- Burns with skin damage or blisters
- Falls, gets up on own but complains of pain
- Vomiting, projectile lasting >6 hours, unable to hold down small sips of liquid
- Vomiting or diarrhea lasting >12 hours

**CALL RN ON-CALL OR PHYSICIAN**

- Bleeding, moderate that stops after 5 minutes of direct pressure
- Blood pressure changes (upper number 200 or above)
- Blood pressure changes (upper number below 90 when normally above 90)
- Burn, sunburn or mild burn (redness only)
- Chills, shaking with or without fever
- Confusion, of new onset
- Fall, no apparent injury
- Fever >100 degrees, or <95 degrees
- Incontinence, new onset
- Rash, new onset
- Vomiting or diarrhea and individual is alert