Regional TRAID Centers

North Country
Adirondack Regional Technology Center
SUNY Plattsburgh
101 Broad Street, Sibley 309
Plattsburgh, NY 12901
(518) 564-3362 (voice)
https://www.plattsburgh.edu/about/centers/cnbh/artc/index.html
Counties served: Clinton, Essex, Franklin, St. Lawrence

Southwestern Region
AIM Independent Living Center
271 East First Street
Corning, NY 14830
(607) 962-8225 x133 (voice/TTY)
https://aimcil.com/
Counties served: Allegany, Cattaraugus, Chautauqua, Chemung, Schuyler, Steuben

Capital Region
Southern Adirondack Independent Living Center (SAIL)
71 Glenwood Avenue
Queensbury, NY 12804
(518) 792-3537 (voice) (518) 792-0505 (TTY)
https://sailhelps.org/
Counties served: Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington

Western Region
Center for Assistive Technology
University of Buffalo
210 John Glenn Drive, Suite 14
Buffalo, NY 14228
(716) 836-1168 (voice/TTY)
https://publichealth.buffalo.edu/cat.html
Counties served: Erie, Genesee, Niagara, Orleans, Wyoming

Central New York Region
ACCESS CNY
404 N. Midler Ave., Unit 5
Syracuse, NY 13206
(315) 410-3335 (voice)
https://www.accesscny.org/
Counties served: Cayuga, Cortland, Madison, Oswego, Onondaga, Tompkins

Genesee/Finger Lakes Region
Regional Center for Independent Living
497 State Street
Rochester, NY 14608
(585) 442-6470 (voice/TTY)
https://www.rcil.org/
Counties served: Livingston, Monroe, Ontario, Seneca, Wayne, Yates

Hudson Valley Region
Wraparound Services of the Hudson Valley
250 Tuytenbridge Road
Lake Katrine, NY 12449
(845) 336-7235 (voice)
https://wshv.org/
Counties served: Orange, Sullivan, Ulster, Rockland

Lower Hudson Valley Region
Westchester Institute for Human Development
20 Hospital Oval West
Cedarwood Hall
Valhalla, NY 10595-1689
(914) 493-7364 (voice)
https://www.wihd.org/
Counties served: Putnam, Dutchess, Westchester

Long Island Region
Self-Initiated Living Options
3253 Route 112
Building 10
Medford, NY 11763
(631) 880-7929 (voice)
https://www.siloinc.org/
Counties served: Nassau, Suffolk

Southern Tier Region
Southern Tier Independence Center (STIC)
135 East Frederick St.
Binghamton, NY 13904
(607) 724-2111 (voice/TTY)
https://stic-cil.org/
Counties served: Broome, Chenango, Delaware, Otsego, Tioga

New York City Region
Adapt Community Network
175 Lawrence Ave.
Brooklyn, NY 11230
(718)436-7600 x5 (voice)
https://adaptcommunitynetwork.org/
Counties served: Bronx, Kings, Manhattan, Queens, Richmond

Mohawk Valley/Leatherstocking Region
Upstate Caring Partners
675 Catherine St.
Utica, NY 13501
(315) 292-1968 (voice/TTY)
https://www.upstatecp.org/
Counties served: Fulton, Montgomery, Hamilton, Herkimer, Jefferson, Lewis, Oneida

For additional information please contact the Justice Center at 1-800-624-4143

Effective November 2025